Holiday Essential Checklist

- ☐ Charger cables – phones, tablets, cameras
- ☐ Toothbrushes
- ☐ Toothpaste
- ☐ Insect repellents
- ☐ Wet wipes / Tissues
- ☐ Shampoo / conditioner / body wash
- ☐ Sunscreen
- ☐ First Aid Kit (including band aids, gloves, tweezers, bandages, antiseptics, scissors, alcohol-free cleansing wipes, paracetamol/ aspirin, antihistamines, thermometer, safety pins
- ☐ Sanitary products
- ☐ After sun (just in case)
- ☐ Nail clippers
- ☐ Lip balm
- ☐ Vitamins, and other essential or prescribed medicines
- ☐ Sunglasses and for glasses or contact wearers: lens cleaning wipes, contact solution and contact cases
- ☐ Enough clothes for everyday of the trip plus 2 spares
- ☐ Thongs/ sandals
- ☐ Runners
- ☐ Hats
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Day List

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7

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